

The Anglican
Churches of
Shifnal
Sheriffhales
& Tong



Reaching out together to share God's amazing faith, hope and love!

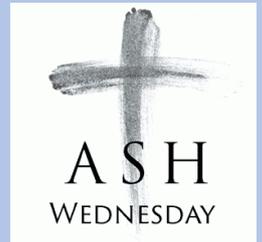
Deep Roots in Lent

In these next weeks and months, we are likely to remain under some kind of lockdown or restrictions. Can we use this time to put down some deep roots for our faith? Many will be feeling frustrated and isolated, so can we come together to support and encourage one another?

Time to Begin

Ash Wednesday

Lent begins on Ash Wednesday 17th February a day for every Christian to mark to walk with Jesus in the 40 days and nights of preparation for Easter. Our service will be online at 7.30pm on all the usual channels so why not come and join us. We will make some ashes and receive them as a sign of our seriousness about putting the past behind us and being changed. We will also introduce the two Lent Courses on offer.



Time to Pray?

Contemplative Prayer

Once a month on Zoom, an hour to be still, to share three ten minute silences, to dwell deeply with one short verse of scripture, to let God's word speak to your mind, your heart, your will. Based at the Vicarage.

Contact Sarah Thorpe for more information and to be sent a Zoom code. You can use an ordinary telephone to join in too. sarah.thorpe121@gmail.com

Morning Prayer

Did you know that a group of us meet each morning on Zoom - on Monday to Friday at 8.20am we sign on for prayers at 8.30am. Its an amazing way to start the day - you get to read the bible, to pray and to think. Contact Revd Chris Thorpe for a zoom link chris@christhorpe.org

Centring Prayer

This is a form of silent prayer, a "return to the heart," finding one's deepest centre, awakening the profound depths of our being. Each week on Tuesday afternoon at 3pm for two sessions each lasting 25 minutes with a 10-minute break. Sue Nelson is offering an introduction to Centring Prayer.

Contact Sue on 07817137029

Silence and Stillness

Each month on the second Thursday of the month at 11.00 to 11.30am there is a small gathering in church for silence and stillness led by Angela and Peter Creagh. All are welcome to come.

Time to Learn?

The Character Course

Starting 25th February.

Put simply, the Character Course brings together the most up-to-date psychology with ancient biblical wisdom. In eight sessions, it covers key themes of Christian discipleship: learning, hope, love, forgiveness, gratitude, humour, persistence and curiosity.

It works best when you share the journey with others. Each session has a short video to watch, a bible passage to ponder and a practice to try out.

Contact Jane Botham if you would like to find out more: bothamjaneellen@gmail.com



THE CHARACTER COURSE

Lent Bible Study Course

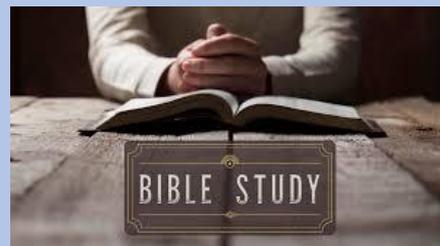
Starting 24th February.

This year we have launched our new Mission Statement – to help us to focus on what God is calling us to become as a church. **Reaching out together to share God's amazing faith, hope and love.** So, for Lent, Revd Chris Thorpe will be leading a bible study in Matthew's gospel exploring these themes.

24th February	Reaching out	Matthew 8 8-17
3rd March	Together	Matthew 10 5-23
10th March	To share	Matthew 12 1-21
17th March	God's amazing	Matthew 13 47-58
24th March	Faith hope and love.	Matthew 14 13-33

Meeting on Zoom on Wednesday evenings in Lent from 7.30pm – 9.00pm

Join Zoom Meeting <https://zoom.us/j/97061423883>



Confirmation Course

Starting in May

Would you like to be confirmed? We will be running a six-session course in May, covering the basics of the Christian faith. Our Confirmation Service will be on July 11th this year in St Andrew's Church. If you are interested please be in touch and we will plan a course that will suit you. Chris@christhorpe.org

Time to Give?



Medic Malawi

We have supported this fantastic grass roots charity before, to support education and healthcare to some of the poorest people in Africa. Now they are in desperate need of PPE and oxygen for their hospital and clinics to protect people from the Covid19 virus and to treat the worst cases. Our Lent

Appeal this year will be to raise funds to enable them to do this work. Mark your donation Medic Malawi and make cheques payable to St Andrew's Church Shifnal. We will add the Gift Aid where you can claim it. You can use the DONATE button on our new website www.standrewschurchshifnal.org.uk choosing Medic Malawi on the options.

Time to Share?



Lent Lunches will be a bit different in lockdown – we will be meeting on Zoom with a bowl of soup and a bread roll, to share some fellowship with Christians from the various churches in CTiSD. But if you miss the wonderful soups and bread, we will also be having some cooking

demonstrations – one each week to show how to make some of the soups we usually enjoy! Each week there will also be time to chat and we finish with worship together, there will be a time to donate as usual to Christian Aid.

It all starts on Wednesday 24th February at 12 noon. Join Zoom Meeting

<https://zoom.us/j/96803249446>

